

SARAH TYLER-WALTERS
TRANCE MEDIUM

The Changing World By The Oracle

Change is upon you, and it is coming fast. Fear is rising, and it will overwhelm you if you allow it. Be still. Change is merely change, life, and you can adapt, and you will. Change may seem scary, but it heralds a chance to alter that which you wish to alter, let go of that you wish to let go of and become who you truly are.

Change is a vehicle, and you need to drive it. Do not let it or others fears drive you. As the landscape around alters so, you can begin your own journey of transformation. Firstly, recognise the fear in yourself, what it is highlighting and what is it distracting you from. Fear can be a great tool if you use it as such instead of giving in to it. What are you afraid of? Is that a reality or not. Is it rational, in proportion or an extreme response?

Fear that is in balance is based on survival and your basic need to survive. It will have a root based on that instinct and be proportional to what is going on around. However, if it is extreme, can't be explained, the root is not clear, then this is fear that is out of control or out of balance. Probably being used by your ego to keep you in a pattern of thinking or indeed a response to the collective fear of those around you. You often forget how influenced you are by those around you, close and general.

Humans respond sympathetically and empathically to those around them, whether they are aware of that or not. Your actions may not be your souls choice or need. They may be a reaction based on others fears and reactions. Check-in with yourself is this reaction about what you are truly experiencing. Do you need to react? Do you need to be afraid? Do you need to be angry? And so on. If you can connect with your own need (soul), you can be in control of yourself and self-aware.

Self-awareness is necessary for transformation. "Know Thyself" was not meant as a mantra but as a guiding principle to apply to your life. It is about you first. If you are in balance and inflow, you will influence those around you, and they can step into their flow (if they choose). The influence works both ways. Be calm during this time of change. Be clear about what you are manifesting. Fear can manifest just as easily as intent.

As the world resettles to the new ideas and dynamics, step back and watch. Keep your own counsel and reflect on your own life and direction. What are you trying to manifest? What do you need to do to move forward with your life? Stay focused on that. The world always turns, and it will keep turning. World events create repercussions and ripples, but at that same time, so do you. Do not lose sight of your personal power.

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See the threads of your life and how they intersect with the lives of those around you and the world. Be clear about your role in this life. For those who feel drawn to the world stage, a role in world events, follow your souls lead. It will draw you to the right place, right time and help you to be what you are needed to be. Be that an advocate, beacon or messenger. Humanity needs these to help you all move forward into a new paradigm. But this time is not right, not yet. Time to start the process.

For those whose paths are not about the world and are about the self or community, focus on these. Do not get swept up in the big picture if your path lies in the small picture. Small is also beautiful. Small can contain incredible detail. Do not let your ego or the ego's of others sway you and keep you from your path. Now is a good time to start to meditate (if you do not already do so), not for spiritual or religious reasons but for self reasons. Meditation is a great tool for connecting and being in tune with your soul; this is vital for all now.

The changes coming will challenge all, but those who are without self-awareness and faith in self will find it hard. Those who are self-aware will have challenges, but they will handle them better and quicker. They will remain inflow. Many will seek our guidance, and many will follow the falsehoods of an easy path, a route with no responsibility. Do not be fooled by these. Stay true to the tenants: Self-Love, Personal Responsibility, Cause & Effect and Grace.

If you can achieve a state of grace, you can achieve anything and transform your world and the lives of all. But this takes time. This takes dedication, personal development, reflection and honesty with self. Many are not ready. Many may not be ready. It matters not. What matters is that some of you are ready; you need to step into this reality. Grace is a state where the ego is balanced, fear is balanced, free will works with your soul, life flows, you accept and allow the path of others without judgement. Life is peaceful.

As the world reacts to change with fear, confusion reigns. Choose grace instead. Choose to find peace within the uncertainty; it is there. Harmony always exists even in the middle of chaos. Harmony is permanent; chaos is not. Chaos will dominate for a while; worry not. It is merely an extreme that will reveal itself as such as time goes on. It will act as a lightning rod forcing imbalance to the surface to be seen and understood. But you still have to choose how you act. Choose how you react. As the chaos forces dishonesty and greed to the surface, do not be led into the path of hate and retribution; this will not create harmony. This will only create more chaos.

Accept what they have done, seek justice but not fairness. Justice is governed by your laws and has boundaries and structure. Fairness does not and can be easily manipulated by the ego to create exactly what it is trying to correct. Life is not fair. Life is life. Change will polarise the views of many into an extreme version. This is not the path to harmony. Stay

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centred. Stay in the middle. There is truth in everything; it is always a matter of perspective and understanding. You can learn from even the most extreme situations if you allow yourself to.

Change is here. Challenge is coming. Choose your Soul. It knows where it is headed. Knows what it needs to do to stay on course and has the power to manifest that. As the energy of change tries to sweep you up in its frenzy, anchor to the earth and your soul's path, and you will not be blown off course. You will ride the wave of change and arrive at your destination safely.

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