

SARAH TYLER-WALTERS
TRANCE MEDIUM

Year of the Goat/Sheep - 19 Feb2015

Dear Friends,

A year with two identities, two paths, two ways. The year of choice. Not random or simple but meaningful and decisive. The sheep is thought to follow with no mind but that is not so. The goat is known to be bold and adventurous. Together this year marries the two. Choose adventure or choose the safety of the flock or familiar. Neither choice is wrong. Both will lead you somewhere.

For the adventurous this will open up many doors, some mountains to climb and even maybe a leap of faith. But with goat energy you can tackle them all. The goat can climb a sheer rock face with ease. If you choose adventure let your heart and soul lead the way. Let them reveal your inner depth and personal power.

For the ones choosing the flock, this year will be calm and flow simply. Challenges will be smaller, hills to climb not mountains. There will still be growth but it will be slower. Perhaps the year of the horse has left you tired and a more peaceful year is needed. The choice is yours to make.

Set your intention. Choose sheep or goat. Determination or passivity. Adventure or safety. Both animal energies will be there all year. Remember both have horns so both can defend themselves, both can act with courage. The sheep is merely quieter about it. The goat will be noisier and maybe a little flashier.

Either choice, remember that these animals give a lot - wool and milk. Therefore, it is a year of sharing, sustenance and comfort. A year to nurture your own body. Wrap yourself up in a blanket of personal kindness. Drink deeply at the well of your own compassion. This year needs kindness to flow and that is not reserved for others; to flow is must include yourself.

Blessings,
Chou

Hashtags: #MasterChou #ChineseNewYear #YearOfTheGoat #Zodiac
#KnowYourself