

SARAH TYLER-WALTERS
TRANCE MEDIUM

Year of the Monkey - 8 Feb 2016

Dear Friends,

The new year is upon us again and what a change we have. As the gentle sheep leaves, and the adventurous goat rest we meet the Monkey.

He is crafty, agile, curious and impetuous. Though the Monkey is a family orientated creature and likes to be surrounded by those he loves and knows he also likes to explore and meet new people and try new things. The year ahead will hold much shifting as Monkey gets into full swing.

You will find yourself drawn to connections and being connected but also in need of space and alone time. Let yourself notice this contradiction and do not judge it. Go with your heart and if it says people be social but it says solitude find some silence. Many of you will swing from one to the other throughout the year.

Monkey is also curious and he will upset things to see what will happen. He will turn over a table to get what he wants, throw things and beat his chest for attention or to assert his power. This year will be full of his mischief. Emotions and tempers may run high. Tossing and turning for no apparent reason. Hold fast, the Monkey will calm again and return to stillness.

But the year will be turbulent because of him. Many things being changed, argued over, perhaps even fought over. Do not let your emotions rule, be careful of judgements and criticism. This is a year to think before you speak, think before you act. Take a breath first. Be careful not to get drawn into others dramas and dilemmas. Stay your course.

But Monkey is also loving, social and enjoys caring for others. When he is fun loving, engage with those you care for and strengthen bonds, of course, caring for yourself as well. Take time to reach out to those you have lost touch with, Monkey can be forgiving let that side of him support you.

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Finally, be careful with big choices, Monkey likes mischief so check and double check. The Year of the Monkey is not a year to rush. It is a year to hang around, care for self, build bonds and with patience build communities.

Blessings,

Chou

Hashtags: #MasterChou #ChineseNewYear #YearOfTheMonkey #Zodiac
#KnowYourself