

SARAH TYLER-WALTERS
TRANCE MEDIUM

Year of the Rooster - 28 Jan 2017

Dear Friends,

As Monkey departs take stock of the year that is leaving. Reflect on the changes that have happened in your life and in the lives of those around. Do not dwell on the challenges or struggles but acknowledge that you have arrived at a new year and learnt much. Monkey is a troublesome sign but his disruption is needed for great things to happen.

Fire Rooster starts today and this heralds a new chapter; for the Rooster is a herald, a voice to be heard and a sign to be noticed. The Rooster does not demand attention but proudly stands for all to see, there is no hiding, no being invisible. Rooster is about being seen. Being recognised for who you are and what you are about.

The coming year will be unsettled in many areas due to Monkeys turbulence, that will take some time to change and calm. But do not let that distract you. Rooster wishes to draw your attention to you. Focus on yourself. It is a good year for self-development and healing around being yourself and letting people see the true you.

However, not everyone likes the Roosters call and so some will not like seeing who you are. Not because of you, but because of their own pain and issues; let them be, let them walk away. Often Rooster is seen standing alone, he is not afraid of his own company. However, remember the flock is close by, his family, friends, community are always within in his eye line. Take time away, time for yourself. This is not selfish this is self-healing. Those who love and respect you will honour this.

Rooster is also about his voice, his call. And this is a good year to find your voice and your truth. Expression is very important to Rooster. Do not shout it from the rooftops, for that is often just your ego trying to trip you up. It is about speaking your truth quietly and in all things like a gentle breeze that gathers momentum. A young Rooster has a small voice that grows with practice into a glorious call, so to can your voice grow. Expressing one's truth is vital but must be tempered with kindness.

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One truth may not be the truth for all. And here is the one failing of Rooster, he has one call regardless and does not temper it. So, he brings with him a chance for you to learn or practice discernment. Do you need to speak your truth at this moment or not. That is not about denying your truth, no it is about knowing when to share and when not to. It is about caring about others and recognising where they are and their pain.

Rooster is also a sign about leadership, he watches over his flock, alerts them to danger. This is a sign of caring and social concern. Globally it will be these traits that stand out the most. The need for leadership becoming more obvious and the lacking of leaders equally becoming obvious. The rise of social concerns and communities stepping forward as one voice, these are things the Rooster heralds and Dog will continue. Rooster will make a call to arms and humanity will need to temper this with discernment that it is about action, not reaction.

The world will remain disruptive till more people act from their true selves rather than from a social idea of how to be. Rooster will highlight some of that but not all. He is a strong sign and at times this can be overpowering or single-minded. The trick to Rooster is to balance that and some of you will but some will not. Stay true to you. Stay anchored. We often speak of the need to be grounded, the year of the Fire Rooster requires it. Though he has wings and can fly, he prefers to walk and feel his feet on solid ground. He is both of the earth and the air. Practical and thoughtful.

Lastly, he is colourful. The year of the Rooster, especially a Fire one, is a great time to change your look or style. To open up your eyes to the many colours around you and explore them more. Colour has healing qualities. That is not to say be a peacock but be more adventurous. Try different colours and styles as part of your search for yourself. Art and creative endeavours also do well under Rooster.

The Fire element makes this a year of change but also of growth, things burning to the ground to be reborn like the Phoenix.

Blessings,
Chou

Hashtags: #MasterChou #ChineseNewYear #YearOfTheRooster #Zodiac
#KnowYourself